By Duane Thomas

The Glock is literally the easiest heavy duty combat handgun on Earth to detail strip, modify and maintain. Thus there is a huge number of aftermarket parts and modifications that may be applied to a Glock. I have tried many of them, and found only a few that offer real utility.

**Sights**

The stock Glock plastic sights are quite fragile. Most serious shooters instantly upgrade to steel. The sight system I use on Glocks these days is the topic of an upcoming article. Suffice to say I would never consider running a Glock with stock plastic sights.

**Trigger Action**

Stock trigger pulls on a typical Glock are a nominal 5.5 pounds and will serve most users well. As a competition shooter I have always made it a point to use my carry gun, thus my trigger pulls are a bit heavier than the typical competitor’s. In my current carry/match gun, a Gen-4 Glock 17, the only deviations from bone stock are a factory Glock 4.5 pound connector and a Glockmeister competition trigger spring. Combining those two parts with a conservative polish job according to the prescription set forth in the American Gunsmithing Institute’s excellent “Making Glocks Rock!” DVD gives me trigger pulls of 4.25 pounds according to my NRA weight set.

Historically I have been a fan of the New York Trigger module since, unlike the stock trigger spring, it’s pretty much unbreakable. Over time I have come to prefer the lighter pull weight of the stock trigger spring, and simply replace the spring on a regular basis as part of normal maintenance.

**Recoil Spring**

In my opinion, Glocks are seriously over-sprung from the factory. Stock recoil spring weight for a medium-frame Glock is 17 pounds. I prefer 13 pounds. Jager Precision sells an aftermarket replacement guide rod system for Gen-4 Glocks allowing replacement of the double spring system with a conventional single spring.